Avyakt Signals – February 2003

Imbibe sweetness and become great.

- 1. Sweetness is greatness, and through this sweetness, bitterness of our mind and words end. The fire of anger cools down. This year, BapDada wants to make all the children into cool deities. Therefore, imbibe the virtue of sweetness. Your face too should be sweet. Become full of the virtue of sweetness. With your sweet words and powerful drishti make anyone who comes in front of you full.
- 2. Sweetness is such that it can make anyone cheerful. Those who imbibe sweetness become great here and also claim a status there. Everyone sees those who have sweetness with the vision of them being great. Therefore, imbibe the special virtue of sweetness. It is only with sweetness that you will be able to glorify the name "Madhusudan" (Krishna the sweet one).
- **3.** In order to imbibe the virtue of sweetness, become easy-natured. You can only become easy-natured when you don't look at your own past or anyone else's past. Sweetness is visible in the eyes, face and behaviour of those who are easy-natured.
- 4. Imbibe the virtue of sweetness and sanskars will automatically harmonize. The harmony of sanskars is the true auspicious meeting, for it is only through having various sanskars that you become distant from one another. When there is a meeting of harmonising sanskars through sweetness, BapDada's revelation will be visible.
- 5. Let there be sweetness in your behaviour and an attitude of unlimited disinterest in your mind. When you bhave the awareness of both of these, you will be able to pass with honours. By especially imbibing sweetness and humility, you will constantly be a world benefactor, a great donor and a bestower of blessings. You will then easily be able to give the proof of love.
- 6. Every word of you children should be a pearl. When you speak, it should feel as though you are not speaking, but showering pearls. This is called sweetness. Speak such words that those who hear you feel inspired to speak in the same way that you do. Anyone who hears you should feel inspired to learn and follow you. Speak such words that anyone can record them and listen to them over and over again. The vibrations of such sweet words automatically attract them.
- 7. Your every word is great. Every thought in your mind for anyone else should be sweet. Let your nature be that of uplifting everyone, a nature of sweetness and humility. Never say, "My nature is like that!" Where did "mine" come from? My nature of speaking is very loud. My nature is forceful. To be influenced by your nature is also Maya. Now become a conqueror of Maya.
- 8. Transform the nature of being arrogant, disheartened, jealous or forceful. When you give someone a sweet, their mouth is sweetened for a short time. However, when you yourself become sweet, you will always have sweet words on your lips. Just as you become happy when you eat or give someone something sweet, in the same way, sweet words make you and others feel happy. Continue to sweeten everyone's mouth in this way. Always let your drishti, words and deeds be sweet.
- 9. Imbibe the virtue of sweetness and give someone two second's sweet drishti. Speak sweet words and you will make that soul overflowing for all time. This two second's sweet drishti and sweet words will change that soul's world. Those few words will become instrumental to change them for all time.
- 10. Sweetness is such a sweet inculcation that it makes bitter land sweet. The basis of all of you changing is also a few sweet words from the Father. Sweet children, you are pure, sweet souls. These few sweet words changed all of you. Baba's sweet drishti changed you. Make others sweet with your sweetness. Sweeten your mouth. With these blessings, you yourselves will continue to grow and you will also bring about growth in service.
- 11. BapDada now wants to see the sparkling jewel of complete purity on the forehead of each of you children. He wants to see your eyes always sparkling with spirituality, to hear sweet and invaluable words, and to see contentment and humility in your actions.
- 12. The nature and sanskars of each of you are your own, but to be loving to all, to be successful in all relationships and everything, to be victorious in your mind, and to have sweetness in your words is only possible when you have an easy nature. To have an easy nature means to make yourself easy by recognising the time, people and circumstances. To be easy means to be harmonious and be able to adjust oneself. Easy does not mean to be careless.

- 13. Father Brahma wants to see the smile of spirituality on each child's face. Secondly, he wants to hear sweet words through their lips. Let not a single word be without sweetness. Let there be spirituality on your face, sweetness in your words and constant good wishes in your mind and intellect, feelings of being merciful and a bestower. Follow the Father at every step. Give a return of this sustenance.
- 14. With constant sweetness, give a vision of closeness to the Father. Sweetness in your thoughts, sweetness in your words and sweetness in your actions is closeness to the Father. This is why the Father says every day: Sweet, sweet children! And the children respond: Sweet, sweet Baba! Therefore, these sweet words every day make you sweet.
- **15.** Where there is sweetness, there is purity. There cannot be sweetness without purity. So, let there be newness of sweetness, contentment and easiness. Continue to sweeten everyone's mouth with sweet words, sweet sanskars and a sweet nature. Constantly continue to move forward and continue to fly with the blessing, "May you be constantly tireless and sweet."

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February 2003Special chart for self-progressMadhuban

- 1. Did I experience myself to be free from anger and bossiness through the inculcation of sweetness? (Yes or no).
- 2. Did I have any bitterness towards anyone in my thoughts or words?
- 3. How much have I used the treasures of time, thoughts and breath in a worthwhile way? (%)
- 4. Did I have the experience of easy yoga? Am I content with my chart of yoga?
- 5. For how many hours did I have yoga?

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February 200367 Invaluable teachings for the 67th Shiv Jayanti.Madhuban(In order to fill your aprons with all blessings, let each one of you have the determination
to put these sweet invaluable teachings of Bholanath Shiva into your practical life.)

God Shiva speaks:

- 1. Sweet children, both Bap and Dada are egoless, and don't have any type of arrogance, and remain very simple. They say: Children, I am the Obedient Servant of you children. In the same way, you children also have to remain egoless.
- 2. Children, when you become body conscious, all other vices also come. To fight and quarrel or have any conflict of opinion are all body consciousness. You children have to become soul conscious. Don't be attracted to anything. Now finish all desires to wear good clothes and eat good food.
- **3.** Don't blame Maya, but check your weaknesses in a subtle way and remove them. There shouldn't be the intoxication of lust inside even slightly. Lust is the greatest enemy. By conquering this, you will become conquerors of the world.
- 4. Remain clean and honest with the Father inside and outside. When your heart is clean, your desires are fulfilled. Have true love for God's family.
- 5. Never trust rumours you hear. When someone tells you something wrong, listen with one ear and let it out through the other. Don't allow your intellect to be influenced by the dictates of your own mind or those of others.
- 6. Study is your source of income and through this study, you change from human beings into deities. Therefore, you have to continue to study for as long as you live. You have to continue to study till the end. Don't consider yourself to be too clever.
- **7.** Every day, definitely perform charitable actions. The greatest charity is to give someone the Father's true introduction and remind everyone of the Father.
- **8.** You now have to return home. Therefore, disconnect your intellect from the old world and remain beyond. Settle all your karmic accounts with the power of yoga. Don't create new karmic accounts with anyone.
- **9.** Whatever the Father is telling to you, there is benefit in accepting it with closed eyes. Therefore, don't raise doubts in any situation. Never become confused.
- **10.** During illness, remember the one Father. Don't be attached to your body. Consider the karmic account to be the suffering of karma and settle it in happiness. Don't cry out in distress.
- 11. Donate to everyone the material you have received from the Father of peace, happiness and purity. Don't be miserly in donating. First of all, donate the vices to the Father and then donate the imperishable jewels of knowledge.
- 12. This Godly birth is invaluable and worth a diamond. You have to purify both the soul and body in this birth. Therefore, never become distressed with it. Look after it, but don't be attached to it
- **13.** You children have to become those who are doubly non-violent. You must neither use the sword of lust nor become angry and cause anyone sorrow. To become angry is also very great arrogance.
- **14.** Always eat your meals in remembrance of the Father after giving it drishti. Whilst preparing your meals, don't talk amongst yourselves. At work too, when you have time, practise becoming bodiless.
- **15.** This is a very delicate time; therefore don't perform any wrong actions. Whilst paying attention to the philosophy of action, neutral action and sinful action, only perform elevated actions.
- **16.** Have full faith in the drama and remain totally carefree. No matter who sheds their body, you mustn't shed tears. The soul just changed one costume and went into another role. Therefore, you mustn't cry.

- **17.** The one Father is the Saccharine of all relationships. He alone gives you the love of all relationships. Therefore, don't allow your heart to have love for bodily beings. Forge all relationships with the one Father. Mine is one Shiv Baba and none other. Make this lesson firm.
- **18.** Keep a chart of remembrance. The more you develop the habit of remembrance, the more your sins will be absolved and the karmateet stage will come close.
- **19.** You have received the knowledge of the drama to make you unshakeable and immovable. In terms of making effort, don't say that is the drama and come to a standstill. You definitely have to make effort. Don't say that you will do it if it is in the drama.
- **20.** You are the children of Vyas, the true Sukhdevs (bestowers of happiness). You have to give everyone happiness and tell the true story. First imbibe everything and then tell others. Don't just become pandits.
- **21.** You have to donate after careful consideration. Don't exchange money with sinful souls. If you give someone money and that person buys alcohol with it, or performs some other wrong action with it, you accumulate the sin of that. Therefore, use even two handfuls in the service of Shiv Baba, the greatest of all bankers, and claim a palace.
- 22. Become introverted and maintain spiritual royalty. Let your ideas be very royal. Don't engage your intellect in wasteful things of the old world. In order to benefit many, open a royal university.
- **23.** Constantly imbibe virtues from everyone and become virtuous. Become someone who picks up virtues from everyone and pick up the pearls of virtues, not stones of defects from everyone.
- 24. Remain fully dependent on the one Father. End sanskars of remaining independent. Become one who is truly faithful to the Father.
- **25.** Whilst living at home with your family, you have to be very lawful. Live with your elders with a lot of love. Speak such first-class words that everyone becomes happy. Speak to your friends and relatives with a lot of humility and love, and with a smile. This creates an impact.
- 26. Instil the habit of waking up early in the morning. Devotees also wake up early in the morning to do their worshipping. You children wake up early in the morning and churn the knowledge. Have a sweet conversation with the Father. By chanting the soundless chant in the morning, you will remain happy throughout the day.
- **27.** Children, your vision should not fall on anyone's body. Consider yourself to be a soul and speak to the soul. Become soul conscious. To have bad or vicious vision for anyone is the greatest of all sins. Therefore, check your account to see whether you committed such a sin throughout the day.
- **28.** Pay full attention to the study and to imbibing divine virtues. Don't speak angrily to anyone. If someone has the evil spirit of anger in him, then move away from that one. Make sure that that evil spirit doesn't enter you.
- **29.** In order to claim a royal status, your way of living and your behaviour has to be very good. Make your speaking and doing equal. Since you have the aim of changing from a human being into a deity, you also definitely have to imbibe divine virtues.
- **30.** As much as possible, remain silent. Speak less and speak softly. There is a lot of income in remaining silent. Therefore, don't speak too many words.
- **31.** You must never laugh loudly. This too is a vice. Simply continue to smile like the deities constantly.
- **32.** You must never be unhappy. To become unhappy means to become Maya's slave. When you feel unhappy, listen to very good songs that are filled with knowledge and become refreshed.
- **33.** Your food and diet have to be very royal. You have to eat food prepared by yogis and only after you have offered bhog to the One who is feeding you should you eat that. You children must never eat impure food.

- **34.** Constantly remain active in the study. Don't become lazy or make excuses. There is a lot of income through this study. Therefore, you should come running even if it is six to eight miles away. Laziness too is a great vice that creates obstacles to your earning an income.
- **35.** You first have to reform your home. Charity begins at home. Then make effort to try and reform others. Make the atmosphere of your home such that it feels as though you have truly created heaven there.
- **36.** The cinema is like hell. The intellect is spoilt by going there. Therefore, you mustn't see dirty films etc. Don't listen to wasteful news of the world. Don't read dirty books.
- **37.** You mustn't have hatred or dislike for anyone. Don't reject anyone. Give everyone the introduction of the one Father. This is the foremost love.
- **38.** To steal something, to tell lies, to change stories and hide something are all bad habits, which are created out of body consciousness. Remove all of those habits. Also change your habit of speaking loudly.
- **39.** Always remain honest with the yagya. You have to use every penny of the yagya in a worthwhile way. Become an all-rounder and serve the yagya in every way.
- **40.** There is a lot of importance given to making donations. Don't have attachment to things you have donated. To donate something and then ask for it back is a sin. If you have donated something and then think about taking it back, you cannot receive the return of that donation, but instead there would be a further burden.
- **41.** Don't tell anyone anything except the true things that Shiv Baba tells you. To tell things about a person to another person and to think about others wastes a lot of time. Renounce those bad habits.
- **42.** Make your nature easy, equal to that of the Father. Don't have any type of arrogance. Let your intellect be filled with knowledge and not with arrogance. Don't be caught up with nature and motives.
- **43.** Make a gathering amongst yourselves and do service. Imbibe the virtue of tolerance. Talk to yourself and put enthusiasm into yourself. Constantly practise being a detached observer.
- **44.** You are the royal children of the royal Father. Your vision must not be drawn towards anything. You mustn't stretch out your hand to anyone for anything. It is better to die than ask for anything.
- **45.** Stop thinking about others and make effort yourself to claim a high status. Don't spoil your head by listening to anything wasteful about others. Make effort to become a conqueror of sinful actions.
- **46.** Have such a practice of becoming bodiless that your final thoughts lead you to your destination. At the end, remember no one but the one Father. This is your stage of retirement and you have to go beyond sound to the land of nirvana. Therefore, move away from your body and bodily relations and remember the Father.
- **47.** You are true friends of the whole world. You mustn't have enmity for anyone. If worldly friends and relatives come to you, give them the true introduction of Shiv Baba.
- **48.** Become a complete helper in the Father's service. Don't stop doing service because of having an off-mood or because of sulking with each other. Never become an obstacle in service.
- **49.** You mustn't incur any debts with anyone. A debt is also called an illness. You can continue to do everything with just a little money. Eat a couple of chappatis and sing God's praise. Don't spend money on any unnecessary things.
- **50.** You have to cut down on your food and serve to make Bharat into heaven. You mustn't compare yourself with worldly people in any way.
- **51.** Whilst knowing the part of each one, let your stage be constantly stable and become a conqueror of attachment. Constantly remain content and make everyone content.

- **52.** Continue to caution one another and make progress. Don't act in any way that is against the disciplines. Become an incarnation of humility. Never show any kind of bossiness.
- **53.** In order to make your life like a diamond, be very careful of the company you keep. Keep the company of those who are knowledgeable souls and who constantly shower knowledge. Protect yourself from bad company. Don't listen to wrong things and allow yourself to have doubts.
- **54.** Let there never be any type of joking that has a feeling of any type of vice within it. Never speak bitter words through your lips. Become rup and basant and constantly let jewels of knowledge emerge through your lips.
- **55.** In order to pass with honours, your intellect's yoga should not wander even slightly. Let there be the remembrance of the one Father. Don't have any attachment to bodily beings. Don't become trapped in anyone's name or form.
- **56.** It is very good manners to remain constantly cheerful. Deities are always cheerful. To laugh loudly too is a vice. The sanskars of familiarity are also very damaging. In order to have success in service you need to have an attitude that is free from attraction. Let there not be the slightest bad odour of name or form.
- **57.** Let your stage be equal in defamation and praise, respect and disrespect. Don't stop studying whilst all of that happens. Consider all of that to be a game and overcome it.
- **58.** Be very sweet in your interaction with everyone. To have friendship with some and enmity with others is not a qualification of knowledgeable souls. Have equal friendship with everyone.
- **59.** You mustn't wilt under any circumstances. Even if others do disservice, you mustn't wilt or become afraid. Have positive thoughts for them too. Uplift even those who defame you.
- 60. Don't oppose anyone. When someone says something, listen but do not hear. Become tolerant.
- **61.** You definitely have to become murlidhar, the same as the Father. Only murlidhar children are the Father's helpers. The Father is pleased with those who donate the imperishable jewels of knowledge and become true philanthropists. They become clever salesmen. Their intellect becomes very, very humble. Whilst doing service, their intellect becomes refined. Whilst donating knowledge, you must never become arrogant.
- **62.** Constantly maintain the intoxication of knowledge and yoga. Don't think about your old body. The more your intellect is caught up with your body and the more greed you have, the more illnesses will come. You have to decorate yourselves with knowledge and yoga. This is your true decoration.
- **63.** For as long as you have a burden of sinful actions, you are unable to imbibe knowledge. Such actions repeatedly create obstacles. They don't allow you to make progress. In order to become light from that burden, become conquerors of sleep. Stay awake at night and remember Baba and your burden will be lightened.
- **64.** Become faithful to the Father and continue to follow shrimat completely. Practise becoming bodiless. Stay in unadulterated remembrance. Make the vessel of your intellect pure.
- **65.** It is very good effort to create a life for someone. Children should become engaged in this effort. The Father very much loves the gyani and yogi children who always remain busy in yoga. Such children reveal the Father through their behaviour and they speak very sweetly.
- **66.** Make your nature very sweet and peaceful. Speak very little and with royalty. Don't remember the past. Let the past be the past and constantly remain cheerful.
- **67.** The children whose intellect is aware to speak ton only Baba, to converse only with Baba, and who instantly accept the Father's advice remain merged in the Father's eyes. Baba says: I deeply love the children who do My service. I also remember such children.